



Healing Thoughts

The Glennon House

February 17, 2009

Volume 2, Number 3

This Week

- **Glennon House Closed Monday**
- **Noon Hour of Prayer**
Tues. 12:00 – 1:00 pm
- **Soaking Prayer**
Tues. 4:00 – 5:00 pm
- **Generational Healing**
Tues. 5:45 in the Church
- **Tues. Healing Service**
6:00 pm in the Church
- **Prayer Ministry**
Mon - Fri 9:00 – 5:00

Upcoming Events

- **Guest Speaker at the Healing Service:**
Rich Gilraine
Tues. Feb. 24th
6:00 pm

Healing Ministry Links

[What's New](#)

[Weekly Calendar](#)

[Past Healing Missions](#)

[Past Newsletters](#)

[Fr. Al Durrance](#)

[Holbeck Ministries](#)

PodCast



Click picture to go to iTunes and subscribe to Healing Ministry podcast

The Healing Ministry at All Saints Church

The Glennon House, 377 E. Fairbanks Ave., Winter Park, FL 32789 ■ 407-647-8925

Email: healingministry@allsaintswp.com Website: www.glennonhouse.org

Soaking Prayer Tuesday, February 17th 4 - 5 pm in the Glennon House

Prepare yourself for prayer. Open your entire self to the balm of the Holy Spirit, rather than focusing on a particular ailment. Also, please try to place yourself in the mode of thankfulness for healings already received whether it is "by sight or by faith". Thus, "thank you, thank you" rather than "please, please".

We prepare the Glennon House by assembling cots. People form groups of three with the person desiring prayer on the chair. There are three fifteen minute sessions with the people in the group taking turns receiving prayers.

The Facilitator starts the sessions with prayer. He stresses we pray **silently UNDER** the person and hold them **UP** in Christ's Name. The initiative is in God's hands, holding the person **UP, letting God saturate not only that person but everyone in the room.**

In silence you will be basking in the healing presence of the Holy Spirit, knowing you are loved by Christ.

Generational Healing Tuesday, February 17th 5:45 in the Church

Do not hold against us the sins of the fathers; may your mercy come quickly to meet us, for we are in desperate need. Psalm 79:8

Very often, behaviors born of sin are passed down from one generation to another. These include addictions, disease, abuse, traumas, and fear. By using a [Genogram](#), which is a family tree, we can list problems we know about in our family background. During a special prayer service, lasting about 10 minutes, we give these ancestral strongholds over to our Lord, to take them, so we can break free of any guilt, burden, and ability to affect us.

Photo & Video Gallery

[Healing Ministry Videos](#)

[The Glennon House Album](#)

[Holbeck Mission 2007](#)

Activities

[Soaking Prayer](#)

[Generational Healing](#)

[Course on Christ's Healing Ministry](#)

[Healing Missions](#)

GIFTS TO: THE HEALING MINISTRY at ALL SAINTS CHURCH, Winter Park

Funding of The Healing Ministry at All Saints Church, Winter Park, is independent from the parish budget of All Saints Church. The Healing Ministry relies primarily upon contributions made at the Tuesday evening Healing Services and by donations made during visits to *The Glennon House*. The operating costs of *The Glennon House*, its staff, prayer ministry, healing missions and some specially acquired guest teachers, are derived from those generous donations and contributions.

The Healing Ministry is an ecumenical expression of the healing gifts of Jesus Christ and welcomes the involvement of believers of every Christian denomination.

THE PRAYER REQUESTS YOU GIVE TO US:

Prayer requests are placed in a special basket at *The Glennon House* for one month. These requests are

Healing Thoughts - Bullseye – Kirsten Aufhammer

I'm a professed and confessed *Recovering Perfectionist*. If I couldn't do something perfectly then I didn't want to do it. When I became a Christian I determined that I would be the "perfect" Christian. I'd never read the Bible so I began a Bible reading regimen. Everyone told me to start reading the Gospel of John. Instead I started at the logical point, the beginning – Genesis. I had to read the Bible for 30 minutes to an hour each day. After reading the Bible I would then read the Life Application study notes to gain further insight into what I'd read. Then I'd do some sort of Bible Devotional (I ended up doing about three of these daily). Praying...I did that for a couple hours a day. This regimen went on for a couple of years. I finally got to the point where I was overwhelmed by all the "work" I had to do to be the "perfect" Christian. That's when I realized that there was something missing. Well, actually **Someone** was missing.

My original intent, when I began the regimen, was to draw closer to Jesus. Along the way I lost sight of Jesus. I had become legalistic in my pursuit. Jesus was no longer my focus. Being the "perfect" Christian had become the bullseye of my target. The more perfect I strived to be the more frustrated I became. I was miserable. I was under the misconception that if I didn't do everything on my regimen every day then my life wouldn't be pleasing to God. I had fallen for the lie that I had to be perfect to be pleasing.

In the 2004 Olympics, a young man named Matt Emmons won a gold medal in prone rifle shooting. He was one shot away from getting his second gold medal in three-position rifle shooting. All he had to do was shoot somewhere close to the bullseye and he would win his second gold medal. He was focused on getting another perfect shot and he took aim. He made the perfect shot and hit another bullseye. That shot cost him the gold medal. He'd been so focused on the bullseye that he didn't realize that he cross-fired and hit the wrong target. Matt went from first to last.

In my pursuit of being the "perfect" Christian I had cross-fired. My bullseye had become works wrapped in legalism. I was driven by the mentality that the more works I did the more pleasing I'd be to Jesus. I'd lost sight of the fact that Jesus was the Bullseye I needed to aim at. When I aim for Him *first* all the other stuff will fall into place. (Matthew 6:33)

I've finally realized that I don't have to perfect. All I have to do is my best and God will do the rest. If I don't get to read the Bible or do a devotion each day, it's OK. Jesus simply wants me to spend time in relationship with Him. If I seek Him, He'll show me how He wants us to spend our time together.

Spirituality is not about perfection; it's about connection...let go of seeking perfection and, instead, seek God, the One who is present in the tangledness of our lives.

Messy Spirituality Michael Yaconelli

prayed for, individually, each day by prayer volunteers. Every week at the Tuesday evening healing service, those hospitalized or in "imminent need" are prayed for by the clergy and all other names, currently in the Prayer Basket, are prayed for aloud by the congregation. We use only the first names of those we are praying for, in order to respect their privacy. To have a need placed in the basket, call (407) 647-8925 or drop by.

Prayer Ministers:

Fr. Al Durrance, Pastor
Steve Horrell, Dcn. Carolyn Petersen, Dcn. Liz Tucker, Dr. Barbara Keene, Don Jaeger, Doris Matthews, Dick Mead, Lisa Murrah, Kirsten Aufhammer, and others.

YouthCare Ministry

Many parents who attend the Healing Ministry have requested youth care for their older children during the Tuesday Night Service. Well, ask and you shall receive! We heard your requests and we now offer a Youth Healing Ministry opportunity for children ages 6-15 years old in the Thomas Center. (We still have child care for children 5 and under in Rm. 103.) Charles and Lisa Clayton lead this group that offers: lessons on healing, crafts, prayer time for self and others, study time, and free pizza dinner. So bring your children for a fun filled evening, while you attend the Healing Service. [Click here](#) for contact information. **Resumes Tue. Jan. 6th 2009.** [Back to top](#)

Grief Ministry

When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned: the flames will not set you ablaze.....Isaiah 43:2 (NIV)

Come to Me, all of you who are weary and carry heavy burdens, and I will give you rest. Take My yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For My yoke is easy to bear, and the burden I give you is light.....Matthew 12:28-30 (NLT)

I find these words of the prophet Isaiah very comforting; yet, when I was in the middle of a life storm they sometimes fell on deaf ears. Sometimes when we are in the middle of coping with a painful loss, we can bounce between knowing the grace of God, wondering where He is, or even wondering if He is real at all. Yet in spite of the pain, confusion, and doubt, we can do more than just survive. With the help, guidance, wisdom, and love of the Lord Jesus we can journey through the valley of the shadow of grief and become new creations (2 Corinthians 5:17). Beloved I pray that God will renew you and give you rest. I know that He can do much more than help you survive your loss; He can teach you to live a new life complete with joy and contentment. Love,

Lisa Murrah

Lisa is available for individual grief ministry prayer appointments on Mondays from 12:30 – 2:30 pm. Please call the Glennon House 407-647-8925 for more information and to set up an appointment. [Back to top](#)

Caregiver's Workshop

Join us on the second Thursday of the month from 11:30 – 1:00 pm for the Caregiver's Workshop. The Healing Ministry's mission is to aid and empower all people to receive 'healing' and 'wholeness' from Jesus. This includes those who minister as well as those who receive care. This month, the caregiver group will continue to focus on those who provide care. Caregivers are prayed for as they choose to "pick up their mat" (like the man at the pool called Bethesda) stepping toward healing for themselves and their needs through discussion and prayer time. These workshops are to encourage, comfort and reenergize caregivers. Dr. Barbara Keene and Don & Sarah Jaeger will be the leaders for this workshop. [Click here](#) for more details.

Extended Prayer Appointments

For those who desire an extended time of individual prayer with a Prayer Minister, please call The Glennon House at (407) 647-8925. Appointments with Prayer Ministers provide ample time for you to sift your heart and communicate your need for prayer. **The Glennon House has specially trained prayer ministers** who are willing to arrange their schedules to accommodate your needs. Simply call us and we will find a prayer minister who will minister to your specific needs either in **The Glennon House** or by telephone. [Back to top](#)

