



Healing Thoughts

The Glennon House

February 3, 2009

Volume 2, Number 1

This Week

- **Grief Ministry Individual Appointments**
Mon. 12:30 – 1:30 pm
- **Noon Hour of Prayer**
Tues. 12:00 – 1:00 pm
- **Soaking Prayer**
Tues. 4:00 – 5:00 pm.
- **Tues. Healing Service**
6:00 pm in the Church
- **Prayer Ministry**
Mon - Fri 9:00 – 5:00

Upcoming Events

- **Evening of Soaking Prayer**
Tues. Feb. 9th
5:00 – 6:00 pm
- **Planning Meeting**
Tues. Feb. 9th
4:30 – 5:30 pm
- **Healing Mission w/ Fr. Nigel Mumford**
Fri. Feb. 13th & Sat. Feb. 14th

Healing Ministry Links

[What's New](#)

[Weekly Calendar](#)

[Past Healing Missions](#)

[Past Newsletters](#)

[Fr. Al Durrance](#)

[Holbeck Ministries](#)

The Healing Ministry at All Saints Church

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Healing Mission

Fri., Feb. 13th 6 - 9 pm & Sat., Feb. 14th 8:30 - 4 pm
led by Fr. Nigel Mumford

The Reverend Nigel Mumford was born and educated in England. He served for six and a half years in Her Majesty's Royal Marine Commandos and continued his education while in the armed forces. His last two years as a Marine were spent as a drill instructor at the Commando Training School.

His conviction to pray for healing came in 1989 when his sister, Julie Sheldon, a ballet dancer with the Royal Ballet in London, was healed by God through Canon Jim Glennon. This was a very dramatic healing from a disease called Dystonia, a neurological condition that curled her up into a fetal position and left her very close to death. Being a witness to her healing has had a profound effect on his life.

Fr. Nigel's love for the healing ministry and his heart for the Lord are expressed in his words: 'Something always happens when we pray.' 'Everyone is healed, some are cured.' 'Take it to the tree.' 'We cannot nail ourselves to the cross; there will always be one nail left!' His personal mission statement is: 'As a drill instructor in Her Majesty's Royal Marine Commandos, it was my job to teach recruits to kill or be killed. It is now a privilege to teach people to heal and be healed. My primary calling is to put people in touch with Christ the Healer, the Lover of souls.'

Healing Mission Topics:

- | | |
|--------------------------|--|
| Friday 6 – 9 pm: | When God Appears Not to Answer
<i>Eucharist</i> |
| Sat. 8:30 – 4 pm: | Post-traumatic Stress Disorder (PTSD)
Inner Healing
Blocks to Healing
Q & A |

There is a \$45 registration fee to help cover expenses. Please register either online at www.glennonhouse.org or stop by the Glennon House and pick up a registration form.

PodCast



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[Holbeck Mission 2007](#)

Activities

[Soaking Prayer](#)

[Generational Healing](#)

[Course on Christ's Healing Ministry](#)

[Healing Missions](#)

GIFTS TO: THE HEALING MINISTRY at ALL SAINTS CHURCH, Winter Park

Funding of The Healing Ministry at All Saints Church, Winter Park, is independent from the parish budget of All Saints Church. The Healing Ministry relies primarily upon contributions made at the Tuesday evening Healing Services and by donations made during visits to *The Glennon House*. The operating costs of *The Glennon House*, its staff, prayer ministry, healing missions and some specially acquired guest teachers, are derived from those generous donations and contributions.

The Healing Ministry is an ecumenical expression of the healing gifts of Jesus Christ and welcomes the involvement of believers of every Christian denomination.

Healing Thoughts - A One Day Fast of Criticism – Doris Matthews

“Is not this the kind of fasting I have chosen; to lose the chains of injustice and untie the cords of the yoke.” (Isaiah 58:6)

In Catherine Marshall's book, – *A Closer Walk*, she suggests **A One Day Fast On Criticism**. I thought, “I can do that, I'm not a critical person”. But when actually examining my thoughts through the Holy Spirit's screening, I found immersion in critical thinking and judgments. Would you like to try **A One Day Fast On Criticism** and be surprised?

For me, that one day fast turned out to be a gateway for in-depth revelations. One day has turned into many more. A certain scripture took on new meaning: *“Ask and it will be given, seek and you shall find, knock and the door will be opened”*. When I went before the Lord in prayer, asking Him to reveal Himself in my thinking, He began to open doors in a new way. As time passes, I find the old thinking is replaced more and more as the Holy Spirit sends love and forgiveness into my spirit. Have I slipped back to the old ways? Yes, many times, but each time I return to the Father, there is a sense of forgiveness. Time after time, He comes ever closer, wider and deeper. His spirit welcomes me home, the past is forgotten in an instant.

Some Tips

Prepare Yourself for Prayer

Seek a place apart with your Bible, pad and pencil

Be thankful before Our Lord and praise his blessed Name.

Ask Him to speak to your heart.

Tell Him you are listening.

Examine yourself.

Consider recording thoughts in your journal. Establish a dialogue between you and the Lord. Write it down.

Keep close the Lord's instruction to Peter: ***“When Peter saw him, he asked, ‘ Lord, what about him?’ Jesus answered ‘If I want him to remain alive until I return, what is that to you? You must follow me.’”***(John 22:21-23)

A Sample Fasting Prayer

Psalm 139:23,24

Search me O God and know my heart;

Test me and know my anxious thoughts.

See if there is any offensive way in me

And lead me in the way everlasting.

Father God,

Help me listen to You today in a new way. For today, I want to be an empty shell, waiting to be filled by You. Bring to my awareness critical words I am speaking or thinking and give me the good sense to see it with my heart. Teach me, use me, fill me more and more with the pure beauty of respect and love that I may glorify You in all aspects of my life. In Jesus Name. Amen

“There are things we see with our eyes, sitting high and looking out. And there are things we see with our hearts sitting still and looking in”
(Phillip Gulley, *Signs and Wonders*)