



Healing Thoughts

The Glennon House

January 6, 2009

Volume 1, Number 1

This Week

- **Grief Ministry Individual Appointments**
Mon. 12:30 – 1:30 pm
- **Noon Hour of Prayer**
Tues. 12:00 – 1:00 pm
- **Soaking Prayer**
Tues. 4:00 – 5:00 pm.
- **YouthCare Ministry**
Tues. Jan 6th
5:45 in the
Thomas Center
- **Tues. Healing Service**
6:00 pm in the
Church
- **Prayer Ministry**
Mon - Fri 9:00 – 5:00

Upcoming Events

- **Evening of Soaking Prayer**
Tues. Jan. 12th
6:00 – 7:00 pm.
- **Planning Meeting**
Tues. Jan 13th
4:30 – 5:30
- **Caregiver's Workshop**
Thurs. Jan. 15th
11:30 – 1:00 pm
in the Glennon House
- **Healing Mission w/Dr. William Reed**
Jan. 16th and 17th
Fri. 6-9 & Sat. 8:30 -12
in the Parish Hall

The Healing Ministry at All Saints Church

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YouthCare Ministry

1st Tuesday of the Month

January 6th @ 5:45 in the Thomas Center

Many parents who attend the Healing Ministry have requested youth care for their older children during the Tuesday Night Service. Well, ask and you shall receive! The much anticipated return of our YouthCare Ministry has arrived! On Tuesday January 6th YouthCare will be available for children ages 6-15 years old in the Thomas Center. (We still have child care for children 5 and under in Rm. 103.) Parents may bring their youth to the Thomas Center beginning at 5:45 pm. Charles and Lisa Clayton lead this group that offers: lessons on healing, crafts, prayer time for self and others, study time, and free pizza dinner. So bring your children for a fun filled evening, while you attend the Healing Service. [Click here](#) for contact information. **YouthCare Ministry will be available the 1st Tuesday of each month.**

Fr. Al Durrance

When you read "red socks" who comes to mind? Those of you have been involved with the Healing Ministry for any length of time will instantly think, "Fr. Al Durrance." Those red socks of his precede him where ever he goes, they are his trademark. For those of you who don't know Fr. Al, we would like to introduce him to you and offer you the opportunity to get to know him better.

Fr. Al Durrance was born and reared in Florida. He got his education in the public school system, attended Alabama Polytechnic Institute at Auburn, AL to get his Bachelor of Science in Chemical Engineering in 1949. He served for a year of active duty in the USNR at the close of World War II and two years in Chemical Corps research during the Korean conflict. After three years of working in the agricultural field in Florida, Fr. Al attended the Episcopal Seminary of the Southwest and received his Bachelor of Divinity in 1958. He was ordained June 30, 1958, and served in parish work for over thirty years. He retired from parish work in 1988 and was elected North American Warden of the Order of St. Luke the Physician in 1989 where he served for five years. Fr. Al still travels around doing renewal and healing missions. In addition to his work with the [Order of St. Luke](#), he is also a speaker at [Camps Farthest Out](#). The series of tracts that appear on his [website](#) are his effort to establish a study program for those who are interested in learning more about Christian healing. (Excerpt from website)

Fr. Al is a prolific writer and has written many articles on healing. If you have a question about healing and you are looking for an answer, go to [Fr. Al's website](#) and peruse his writings. The Healing Ministry at All Saints has been blessed for the past decade to have Fr. Al offer his gifts of preaching and teaching to Christ's Healing Ministry here in Winter Park.

Fr. Al is here at the Healing Ministry every Tuesday. If you would like a prayer appointment with Fr. Al please call us at the Glennon House.

Healing Ministry Links

[What's New](#)

[Weekly Calendar](#)

[Past Healing Missions](#)

[Past Newsletters](#)

[Fr. Al Durrance](#)

[Holbeck Ministries](#)

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Activities

[Soaking Prayer](#)

[Generational Healing](#)

[Course on Christ's Healing Ministry](#)

[Healing Missions](#)

GIFTS TO: THE HEALING MINISTRY at ALL SAINTS CHURCH, Winter Park

Funding of The Healing Ministry at All Saints Church, Winter Park, is independent from the parish budget of All Saints Church. The Healing Ministry relies primarily upon contributions made at the Tuesday evening Healing Services and by donations made during visits to *The Glennon House*. The operating costs of *The Glennon House*, its staff, prayer ministry, healing missions and some specially acquired guest teachers, are derived from those generous donations and contributions.

Healing Thoughts - Trapped – Kirsten Aufhammer

Recently, I heard a Pastor tell a story about a trap to catch monkeys. The trapper took a gourd, put in a banana, and then cut a slit in the side of the gourd. The slit was big enough for the monkey to turn its hand sideways and slip it in to grasp the banana. Once the banana was in the monkey's fist the monkey was stuck. The monkey could struggle and struggle to keep the banana and try to pull its hand free, but the only way for the monkey to get free was to let go of the banana.

As I sat there listening to this story I was reminded of a time when I refused to let go of an item and I ended up a captive of that item. For a number of years I was a chain smoker; I smoked about two packs a day. I constantly had a cigarette grasped in my fingers. When I got married my husband made me promise that I would not smoke in our apartment. I think he figured that if I had to go outside in the frigid North Carolina air, to smoke, that I would probably quit.

I got an electric blanket.

There was nothing that was going to stand between me and *my* cigarette grasped in my fingers.

I realized that I had a serious addiction to Nicotine; I tried to quit many times. I'd struggle and struggle not to light up a cigarette whenever I got an urge, but I always failed. I was trapped by my smoking habit; I was the cigarette's captive. My refusal to let go of the cigarettes was keeping me trapped in the addiction.

Then one day I was forced to let go. For about a week I'd been scraping up pennies to buy my last few packs of cigarettes before my husband's pay day. Three days before he got paid he called me to tell me that he had no money to buy me cigarettes. I'd literally used every cent we had for my habit. I had no choice. I had to let go.

I went through all the ashtrays and even our garbage looking for a cigarette butt. **Nothing**. My withdrawal from Nicotine was not a pretty sight. My husband would attest that those three days were the most miserable of his entire life. However, for me those days were a blessing. Once I was forced to let go, I knew that I never wanted to be struggling in that trap ever again.

It's been ten years since I quit smoking. Praise the Lord!

How often do we spend our lives with our fingers grasping the item (e.g. anger, unforgiveness, self-condemnation, alcohol, drugs, etc.) and remain captive to that item? Jesus came to set the captives free (*Isaiah 46 & Galatians 5*). Let go of whatever item you are grasping, slide your hand out of the gourd, and grab on to Jesus. Grasp His hand and walk away from your captivity.

Your freedom. That is why He died on the cross.

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!
2 Corinthians 5:17 (NLT)